

To be connected

Is

Expansion.

To be connected

Is

Refreshing.

Change is possible when we come together for good.

People changing systems

Or is it nature changing nature?

People building community.

People. Just people.

The earthy feel.

The intentionality.

The LOVE!

I didn't know I

Needed it.

I wanted the unwanted.

Eyes newly open.

Unlearned and relearned.

Transformed. Inspired. Connected.

Yes.

I. We. Mwe. Everything is connected.

In a vibrant offer to life.

A celebration OF life.

As we experience memory lane.

Journey past the forgotten grains.

Into the golden soil.

Where I feel nurtured and grounded.

And pause.

Curious...

Can human connect to plant

Can human connect to biodiversity

Can human connect to potential

Can human connect to food?

The spirit of the earth can only BE preserved

By

Stubborn

Relentless

Passion

If healthy soil is life is nutrition is creativity...

And creativity is expansive...

Then humans CAN connect.

Through a dedication to wonder. To beauty. To abundance. To deliciousness.

Doing so is vital for our vitality.

For our relationships. Our ancestral biome. Our home.

I feel human.

Honoured.

Full.

Thank you!

